



**TONTINE HOTEL**

# RESTAURANT MENU

**FOOD SERVED 12 – 8:45 DAILY**  
**IN OUR MAIN RESTAURANT OR LOUNGE BAR**

## STARTERS

<b>Lentil Soup</b> (VG) (C) (G) (Mus) <b>GF Available</b> <i>Home Made Soup served with a Crusty Roll</i>	<b>£4.20</b>	<b>Chicken Liver Parfait</b> (D) (G) (SD) <b>GF Available</b> <i>Served with Caramelised Onions and Oatcakes</i>	<b>£5.50</b>
<b>Soup of the Day</b> (C) (G) <b>GF Available</b> <i>Home Made Soup served with a Crusty Roll</i>	<b>£4.20</b>	<b>Halloumi Fries</b> (D) (F) (S) (MOL) <i>Served with a Sweet Chilli Jam</i>	<b>£5.20</b>
<b>Cured Salmon</b> (CRU) (D) (F) <i>Served with King Prawns, Pickled Salad and a Dill &amp; Lime Crème Fraiche</i>	<b>£5.95</b>	<b>Scottish Nachos</b> (D) (G) <i>Cheesy Nachos served with Haggis and a Peppercorn Sauce</i>	<b>£5.85</b>
<b>Haggis Pakora</b> (G) <i>Haggis Pakora served with Spiced Onions and a Pakora Dipping Sauce.</i>	<b>£4.75</b>	<b>Pan Seared Scallops</b> (MOL) <i>Served with a Pea Puree and Bacon Lardons</i>	<b>£6.95</b>
<b>Black Pudding Stack</b> (G) (D) <i>Stornoway Black Pudding &amp; Haggis Stack served with Baked Apple &amp; Bacon with Creamy Peppercorn Sauce</i>	<b>£6.95</b>	<b>West Coast Mussels</b> (G) (MOL) (SD) <b>GF Available</b> <i>Cooked in White Wine and a Garlic Cream served with Crusty Bread.</i>	<b>£5.95</b>

### ALLERGEN INFORMATION

*guideline only – please ask your server for dietary requirements*

**Suitable for:**  
**Dishes Contain:**

**V** - Vegetarian  
**C** – Celery  
**G** – Gluten  
**S** – Sesame

**VG** – Vegan  
**CRU** - Crustacea  
**L** – Lupin  
**SO** - Soya

**D** - Milk/Dairy  
**Mol** – Molluscs  
**SD** - Sulphur Dioxide  
**E** - Egg Products  
**Mus** – Mustard

**F** – Fish/Bones  
**N** – Nuts

# OLD FAVOURITES

# FROM THE DOCKS



## Chicken Enchilada (D) (G) (Mus) (SD) £11.95

Cajun Chicken Stir-fry in a Tortilla Wrap topped with Salsa & Jalapeños with Sour Cream and served with either Rice or Chips

## Traditional Steak Pie (C) (E) (G) (SD) £10.95

GF Available ½ portion £5.95

The Tontine's Famous Steak Pie served with Vegetables, and your Choice of Chips or Mash

## Beef Chili (C) (D) (G) (Mus) £9.95

GF Available ½ portion £4.95

Seasoned Ground Beef with Kidney Beans in our own Special Hot 'n' Spicy Seasoning Mix, Served with Rice, Tortilla Chips, Sour Cream and Jalapeños

## Tapas (D) (E) (F) (G) £14.95

Scottish Tapas of Mini Steak Pie, Haggis Neeps & Tatties and Fish 'N' Chips

## Katsu Curry (Cru) (D) (G) £10.95

Chicken Katsu Curry served with Basmati Rice and Prawn Crackers

## Haddock and Chips (D) (E) (F) (G) £11.95

Fresh Beer Battered Haddock ½ portion £5.95  
with Homemade Tartare Sauce and Peas

## Fish Pie (CRU) (D) (F) £14.95

Fish Pie of Cod, Salmon, Haddock & ½ portion £7.95  
Prawns with seasonal vegetables and topped with a Creamy Mash

## Posh Fish and Chips (CRU) (F) (G) £17.95

Monkfish, Salmon, King Prawn & Haddock served with Hand Cut Chips, Mushy Peas, Pickled Onion & a Homemade Tartare Sauce

## Scampi (D) (F) (G) £12.95

Fresh Breaded Scampi with Chips, ½ portion £6.95  
Homemade Tartare Sauce and Peas

## Seabass (F) £14.95

Pan-Fried Seabass Served with Crushed Potatoes, Roast Beetroot and Salsa Verde

## DIPS - ALL 30p

BBQ	Sour Cream
Mayo	Sweet Chilli
Garlic Mayo	Pakora

## SAUCES

Gravy		£1.95
Garlic Butter	(D)	£1.95
Red Wine Jus		£1.95
Peppercorn Sauce	(C) (D) (MUS) (SD)	£1.95

## SIDES

Chips		£2.95
Mash	(D)	£2.95
Garlic Bread	(G)	£2.95
Mixed Salad		£1.95
New Potatoes		£2.95
Onion Rings	(G)	£2.95
Coleslaw		£1.95
Spicy Wedges		£2.95
Cayenne Pepper Fries		£2.95
Fries in Sea Salt & Cracked Black Pepper		£2.95

# FROM THE GRILL

## Pan Fried Rump of Lamb (D) (SD) £14.95

*On a Sweet Potato Puree with Dauphinoise Potatoes and a Rosemary Jus*

## Tournados Rossini (E) (G) £19.95

*Fillet of Scottish Beef with Foie Gras served with a Crostini and a Madeira Sauce*

### STEAKS:

*All Served with Mushrooms, Grilled Tomato, Onion Rings (G) and Hand Cut Chips*

## \*16 oz Tomahawk Steak £23.95

## \*8oz Sirloin Steak £19.95

*Add King Prawns (CRU) for £2.00*

## \*10 oz Gammon Steak £12.95

*Available with your choice of either a Fried Egg (E) or Pineapple Ring - or have both for an extra £1.00*

# BURGERS

### GF Available

*Our 6oz Burgers are served in a Toasted Brioche Bun with Lettuce, Coleslaw, Onion Rings (G) and Fries*

### Choose From:

## Mexican Burger (E) (G) (MUS) £10.50 with Chipotle Sauce

## Cheese (D) (G) £9.95

## Cheese and Bacon (D) (G) £10.20

## Black'n'Blue – (D) (G) (SD) £10.95 Caramelised Onion and Stilton

## Chilli Burger (C) (G) (MUS) £10.75

## Tontine Stack Burger £14.95

*x2 6oz Burgers on a Toasted Brioche Bun loaded with Cheese, x2 Rashers of Bacon, Lettuce, Tomato, x3 Onion Rings and Fries*

# PASTAS & MORE

## Penne with Tarragon £8.95

## & Mushroom (V) (E) (G) ½ portion £4.95

### GF Available

*Penne Pasta in a Creamy Tarragon and Mushroom Sauce Served with Garlic Bread. Add Chicken for £2.00.*

## Sundried Tomato & Basil Risotto £8.95

## (VG) (E)(SD) ½ portion £4.95

## Cod, Prosecco & Saffron Risotto £14.95

## (F) (CRU) (SD) ½ portion

£7.95

## Macaroni Cheese (V) (C) (D) (Mus) (G) £8.95

### GF Available

½ portion £5.95

*Served with Salad and either Garlic Bread or Chips*

## Roast Beetroot (VG) (E) (G) £9.95

*Roasted Beetroot & Butternut Squash Tart with a Napoli Sauce served with Boilers & Salad*

Bring the family along for our traditional

# SUNDAY ROAST

Available all day every Sunday

choose from 3 meats

Served with Roast Potatoes, Vegetables,  
Yorkshire Pudding and Gravy

2 Slices £8.95

3 Slices £9.95



# SWEETS

## Sticky Toffee Pudding (D) (E) (G) £4.95

Homemade Sticky Toffee Pudding served with Toffee Sauce and Vanilla Ice Cream

## Tontine Trio of Desserts £4.95

Please ask your server for today's selection

## Sticky Toffee Sundae (D) (E) (G) £4.95

Sticky Toffee Pudding, Toffee Sauce, Triple Chocolate and Vanilla Ice Cream, Cream, Wafer and a Chocolate Straw

## Knickerbocker Glory (D) (E) (G) £4.95

Mixed Fruit, Raspberry Sauce, Bubble Gum Ice cream, Cream and Marshmallows

## Toffeeholic (D) (E) (G) £4.95

Caramel Shortcake, Caramel and Vanilla Ice Cream, Chocolate Sauce, Cream and a Chocolate Straw

## Trio of Italian Ice Creams (D) (E) £4.95

Choice from Vanilla, Mint Choc Chip or Candyfloss

## Cheeseboard (D) (G) £6.95

Brie, Cheddar and Blue Cheese served with Chutney, Crackers, Celery and Grapes

# HOT DRINKS

Americano	£1.90
White Coffee	£2.10
Latte	£2.60
Cappuccino	£2.60
Espresso	£1.80
Double Espresso	£2.10
Macchiato	£2.00
Mocha	£3.00
Flavoured Shot	£0.60
Hot Chocolate	£2.50
Tea	£1.80
Flavoured/ Herbal Teas	£1.90

## Afternoon Tea

Bookings Available

12 - 4pm daily

£9.75 for adults

£6.95 for kids



\*Afternoon Teas must be booked at least a day in advance as baked to order – please call us on 01475 723316 to book!

# Kids Menu

Mains £5.95 each

Beef Burger with Fries and Salad	(G)
Bangers and Mash	(D) (G)
Fish Goujons with Chips and Salad	(F) (G)
Macaroni & Cheese with Fries	(V) (D) (G) (MUS)
Steak Pie with Vegetables and Potatoes	(C) (E) (G) (SD)

Sweets £2.95 each

Vanilla Ice Cream, with either Raspberry or Chocolate Sauce	(V) (D)
Mini Chocolate Fondue of Fresh Fruit, Marshmallows, Chocolate Sauce and Sprinkles	(D)